

The Concise Book Of Neuromuscular Therapy A Trigger Point Manual

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The Concise Book Of Neuromuscular

With 240 color and black-and-white illustrations, The Concise Book of Neuromuscular Therapy is an ideal learning tool for students involved in any of the medical sciences, as well as practicing physical therapists, doctors, or clinicians wishing to integrate NMT into osteopathy, physiotherapy, sport science, sports medicine, physical therapy, chiropractic, sports massage, and other manual therapies.

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The Concise Book of Neuromuscular Therapy: A Trigger Point ...

The concise book of neuromuscular therapy : a trigger point manual. [John Sharkey] -- "A manual teaching the techniques of neuromuscular therapy (NMT), and how to combine it with medical exercise interventions, for the treatment of soft tissue pain and injury"--Provided by publisher. Your Web browser is not enabled for JavaScript.

The concise book of neuromuscular therapy : a trigger ...

Synopsis. "The Concise Book of Neuromuscular Therapy" will make an ideal learning tool for students involved in any of the medical sciences, physical therapy, physiotherapy, sports medicine, chiropractic, sports massage, and other manual therapies. Neuromuscular Therapy (NMT) is a physical therapy (or manual therapy) specializing in the treatment of soft tissue pain and injury (including change in sensation) while medical exercise aims to provide graded physical activities with specific ...

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A major development in the safe and effective treatment of myofascial trigger points and myofascial pain, this book is a concise, comprehensive, and well-illustrated reference on dry needling.

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This concise, but thorough text covers both the theory and current practice of fibromyalgia and myofascial pain management. It provides practical, step-by-step descriptions of both traditional and state-of-the-art approaches to trigger point injections and nerve blocks, accompanied by clear diagrams that illustrate pain patterns, muscle anatomy, patient positioning, and more.

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